

# An Invitation to train with the most Lethal Man on the Planet



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## Feeling like a Probie

- Are you feeling the pressure of
  - working with multiple objectives, reporting
  - Competing & conflicting agendas
  - Holding and dealing with conflicting thought processes
  - Working from a hot platform
- Do you always seem to be getting ready; yet never ready for that meeting
- Do you want to be better able to handle pressure of being an Executive

## Shōgun, *The Samurai Way*

Why: Because there's no time to get ready in the heat of the battle; you have to be ready

During our **TIME** together we will use the art of the Warrior to:

1. Heighten our thinking ability
2. Develop your Endurance capacity
3. Teach you how to go with-in to find peace of mind, irrespective of external conditions
4. Teach you how to create time & space to think objectively
5. Teach you how to respond to situations instead of reacting in your usual way

We will work the body to, condition & expand the mind, and control the emotion

### Course Maxim

Me

I will:

1. Be Nice
2. Smile
3. Have Fun

You

You will:

1. Pay for the course in advance
2. Commit to the course
3. Turn up on time

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**To Inspire, Motivate & Empower**